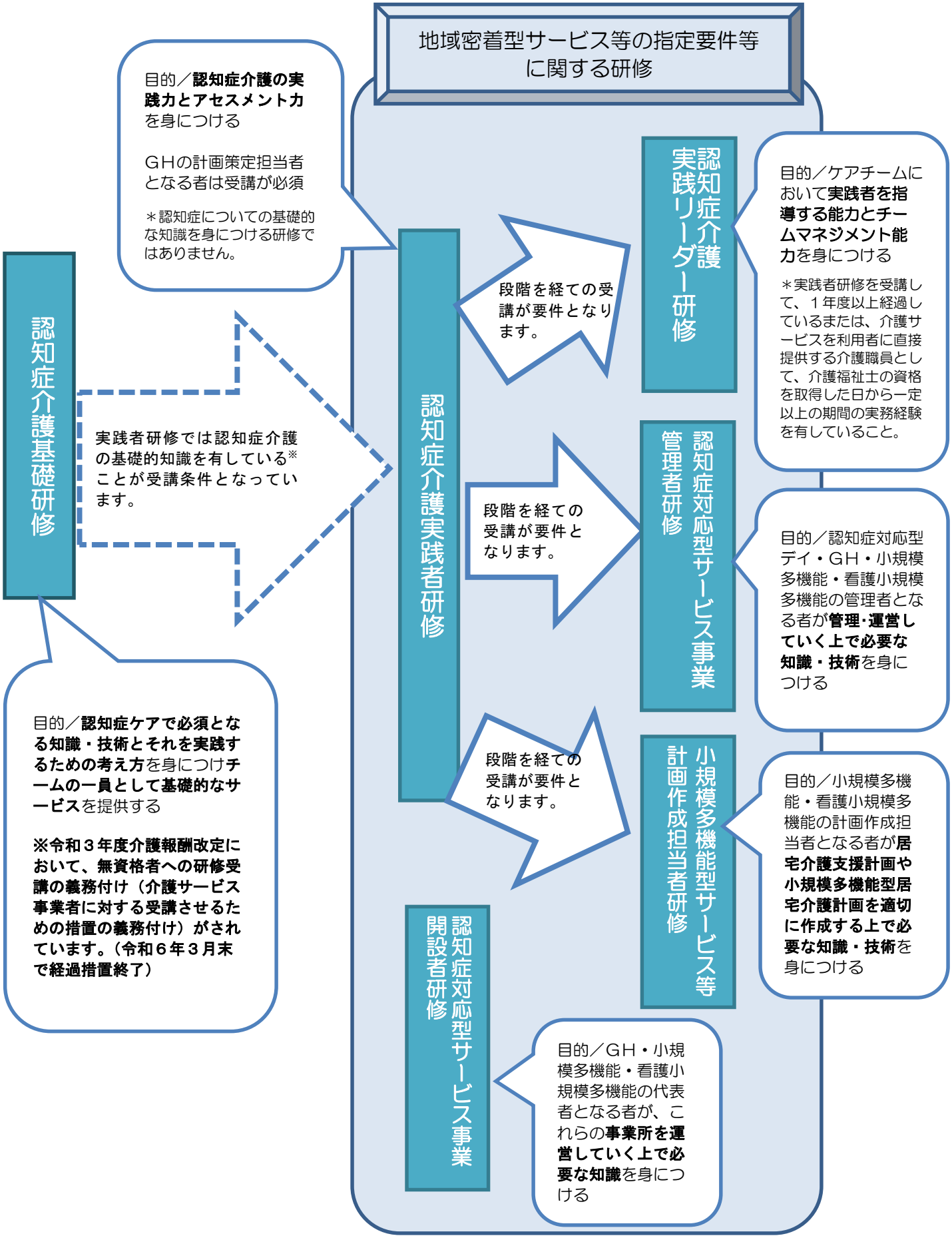認知症に関する研修の仕組み